

# SPOTLIGHT

April 2011

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*Check  
out...*

## President's Corner

Thanks Jennifer for all your work so far this year and congratulations on your pregnancy with twins. I am looking forward to following in the footsteps of so many great past presidents. We have an amazing conference planned for you this year. A big thanks to Doris Illies and Annette Sobek and the conference committee for all your hard work. I'm hoping to see everyone April 27-29 at our Spring conference at Grand Casino.

Thank you,  
Ashley Herman



## Save the Date

**NRA Annual  
Training Conference  
Salt Lake City, Utah  
October 13 -16, 2011**



## CONFERENCE REGISTRATION

Minnesota Rehabilitation Association • April 27-29, 2011, Mille Lacs Grand Casino — MRA 2010 Employer of the Year

# Beating the Odds with Vocational Rehabilitation

Regular Conference (check appropriate boxes please):

|  | Member | Non-Member |
|--|--------|------------|
| <input type="checkbox"/> Full Conference (Wed.-Fri.)   | \$190  | \$250      |
| <input type="checkbox"/> Daily Rate Wednesday Only   | \$40   | \$45       |
| <i>Please indicate which Professional Development Institute you will be attending Wednesday:</i> |        |            |
| A _____ or B _____   |        |            |
| <input type="checkbox"/> Daily Rate Thursday Only  | \$110  | \$135      |
| <input type="checkbox"/> Daily Rate Friday Only  | \$65   | \$90       |
| <input type="checkbox"/> Board Member  | \$100  |            |
| <input type="checkbox"/> Student   | \$100  | \$125      |
| <input type="checkbox"/> Late Fee (After April 1, 2010)  | \$25   | \$25       |

Registration will be paid directly by my agency. PO# \_\_\_\_\_

### Thursday Dinner Choice:

- Traditional Bangers (British Sausage) & Mashed
- Canadian Walleye Baked with Lemon Hollandaise Sauce
- Grilled Chicken Breast with Mushroom Madeira Gravy
- Vegetarian Option

Special Accommodations Requested: \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

\*All accommodations request MUST be submitted by **April 1st, 2011**. We cannot guarantee a requested accommodation made after April 1st).  
Full Conference Registration includes Thursday breakfast, lunch buffet and dinner, Friday breakfast buffet and lunch. \*\* All other meals are on own.  
\*Going Green – Bring a tote from home instead of receiving a new one at registration and be entered into a prize drawing!  
Please note: Payment expected at time of registration. Sorry, we are unable to process credit card payments.

Name: \_\_\_\_\_ Membership Number: \_\_\_\_\_

Employer: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email Address: \_\_\_\_\_

**\*\* Make checks payable to: Minnesota Rehabilitation Association \*\***

**Refund Policy:** Due to commitments for meals/speakers etc. No refunds will be granted after April 21, 2011

### Mail Registration Form and Payment To:

**Katie Hartl • VRS 140 Buchanan St. Suite 152 • Cambridge MN 55008**

**Or Fax: 651-379-5604 Attn: Katie**

**NOTE:** You must also make hotel arrangements directly with the Grand Casino Mille Lacs Hotel. Individuals may call 1-800-626-5825 toll free to make reservations. Single/Double Room \$39.00 per night, mention MRA rate. (\$39 rate honored for Fri. and Sat. if you want to stay after Conf.)  
**Hotel Registration Deadline April 1st, 2011**

### For Questions about the conference:

Please contact  
Doris Illies • (651) 379-5629  
Dorisillies@hotmail.com

Additional information and registration forms can be found by visiting the MRA web site

**www.mnrehab.org**

**Discount:** Receive a 10% discount for 3 or more people from the **same agency**.

Please note that a list of conference participant names and their contact information will be included in the conference packets. If you do not wish for your information to be included, please check below:

**I do not wish my information to be included.**



April 2011

# Minnesota Rehabilitation Association Spring 2011 Conference

## Beating the Odds with Vocational Rehabilitation

Wednesday, April 27

Professional Development Institutes

### 11:00-12:00pm Conference Registration

**12:00pm to 4:30pm — Track A:** From Cell to Street: What Offenders Need When They Return to The Community – Mark Groves Facilities Reentry Coordinator – Minnesota Department of Corrections. (sponsored by MRCEA)

**12:00pm to 3:00pm Track B:** Chronic Pain Syndrome: It's Not All In Your Head – Dr. Jay Tracy, Physician Assistant & Psychologist, Courage Center/Phoenix Pain Management Program. ( NRA Division Showcase - sponsored by NASPPR)

**4:45 p.m.** Conference MRA Board Meeting

**5:00 p.m to 7:00 p.m.** JPD Division will be hosting a hospitality room prior to dinner with the MRA Board.

**7:00 p.m.** Dinner with the MRA Board at the Grand Buffett. All conference participants are invited to attend. Please note this dinner cost is on your own.

Thursday, April 28

### 7:00-8:00am Conference Registration & Continental Breakfast

**8:00-9:00am** Opening Welcome: Ashley Herman –MRA President

Keynote Speaker

FOCUS On Your TARGET – Professional Motivational Speaker

Aaron Cross, Motivation on Wheels Public Speaking & Life Skills Training.

*A powerfully humorous, enthusiastic presentation of reaching one's goals! A five-step program that anyone and everyone should and can use in their professional and personal life. "FOCUS on YOUR TARGET" is all about inner strength and believing in yourself, overcoming life's obstacles and seeing anything is possible by FOCUSing on YOUR TARGET*

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## Breakout Sessions:

### 9:15-10:15am

1. Vocational Rehab in the Workplace : Return to Work Programs - Mary Harris (sponsored by MASPR Division) more information TBA later.
2. Independent Living - Cara Ruff (more information TBA later)
3. How the MN Disability Law Center Works with Individuals with Disabilities – Dan Stewart, J.D. & Anne Robertson, J.D.

*This presentation will provide an overview of the MN Disability Law Center (MLDC) and the services it provides to individuals with disabilities. The presenters will discuss MDLC's projects, focuses, and the variety of ways it assist individuals in accessing state vocational rehabilitation services, county and school services*

### 10:30am -12:00pm

1. Social Media Networking, a tool for job seekers and professionals - Sara Sundeen M.S., C.R.C.

(sponsored by JPD Division)

*Social Media Networking is a fast paced, ever changing environment. Come to facilitate dialog about Social Media Networking specifically discussing its applications for employment. See a live demo of Linked-In and the networking opportunities it holds. Will discuss the benefits and challenges of Linked-In. There will be ample time for discussion, questions and answers.*

2. Vocational Testing & Retraining Plans - Mary Skubal, M.S., CVE, CRC (sponsored by JPD Division)

*An interactive program with general information regarding the outline of vocational testing information necessary for retraining plans, examples of questions/concerns raised regarding testing/retraining plans and strategies to avoid and/or address concerns. The interactive piece will include specific examples and questions from participants and strategizing about issues.*

3. Green Jobs in the Bio-Fuels Industry - Stephen Jones ARCC Director of Training (sponsored by ARTS & MRCEA Division)

*Unlike other renewable energy resources, biomass can be converted directly into liquid fuels called "bio-fuels" to help meet future transportation needs. At Anoka-Ramsey Community College, we are committed to helping people be prepared for the green jobs of tomorrow.*



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**12:00-2:00pm** Lunch at the Grand Buffet & Vendor Fair  
(1 CEU credit for completing the Vendor Fair Sheet)

**2:15-3:15pm**

1. Standing Your Ground in the Middle - Kathleen Brady, CRC, CDMS, CCM (Sponsored by MASPR Division)

*Having worn nearly all of the hats in rehabilitation - rehabilitation professional, employer, carrier - I have a unique perspective on how to address the Ethical challenges of a Rehabilitation Consultant. CRC Code of Professional Ethics dealing with client advocacy (Section C.1.b); confidentiality in electronic communication (section 7.3) and release of information to competent professionals (Section G.2).*

2. “Working From Home”= A Choice - Jim Moritz, State of MN Small Business Consultant (Sponsored by ARTS Division)

*“Working from Home” can be the only option for some, but it is also a choice. With companies looking for ways to cut cost, telecommuting is becoming the norm rather than the exception. Finding the best opportunities is the challenge.*

**Break**

**3:30-5:00pm**

1. Student Internship Auction-Katie Hartl M.S., CRC, Jennifer Edin M.S., Jessica Hotz (sponsored by MRA Student Division)

*It's an opportunity for students looking for internships to network with agencies looking for interns. A brief presentation will be given on internship etiquette and then time will be given for students and agencies to introduce themselves.*

2. Defense Perspective on Workers' Compensation and Rehabilitation - Christopher Celichowski, Attorney at Law ((Sponsored by MASPR Division)

*Defense perspective on workers' compensation law and the rules. Also a discussion on rehabilitation as a defense attorney sees it.*

3. Peer Supports - Consumer/Survivor Network- Jennifer Padelford – Director of Programs.

*This is an opportunity to learn what Certified Peer Specialist is, the role Certified Peer Specialists play within an organization, in the recovery process, and how it relates and supports peers on their journey to recovery.*

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**5:30-6:30pm** MRA Division meetings

MASPPR Division: (1.0 Ethics CEU) Tom Saby, President of MASPPR

*Tom will lead a discussion dealing with current practice, rehabilitation rules, counselor/consultant training needs and ethical practice in terms of CRC Code of Professional Ethics dealing with client advocacy (Section C.1.b); confidentiality in electronic communication (section 7.3) and release of information to competent professionals (Section G.2). Divisional leadership will be addressed. Participants are encouraged to bring questions, share difficult case situations to problem-solve and share their knowledge and experience with others.*

**7:00-8:00pm** Dinner & Networking

After dinner two hospitality rooms will be open. Please join us for networking and appetizers.

**Friday, April 29**

**7:00-8:00am** Conference Registration

**8:00-9:00am**

Membership Breakfast Buffett - Ashley Herman, MRA President & Division presidents

*Did you know that your Minnesota Rehabilitation Association (MRA) has been the winner of the National Rehabilitation Association's State Chapter of the Year award two years in a row now?*

*Come join us for a breakfast and hear about the current MRA & NRA projects that your members are involved in. Find out how we are working to meet the needs of persons with disabilities and Rehabilitation Industry professionals. Learn about the benefits of becoming a NRA / MRA member.*



  
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## Breakout Sessions:

9:15-10:30am

1. Employment Focused DHH - Christine Marble, B.A., RID CI/CT & Wendy DeVore, B.A., RID  
CI/CT, NAD V (Sponsored by MRCEA Division)  
*Through competency and fluency in sign language, EELLCC has developed strategies in working with individuals toward preparing for, obtaining and maintaining competitive employment. By working closely with each individual, their vocational goals are identified through their interest, knowledge, skills and abilities. Emphasis is placed on integration, training, communication and accommodation needs. Once individual is established advancement opportunities are fostered.*
2. Vocational Evaluation in the 21st Century - Debra Homa, PhD., CRC, CVE  
(Sponsored by VEWAA Division)  
*This presentation will review current trends and challenges in the field of vocational evaluation (VE), with a focus on the upcoming Professional Vocational Evaluator (PVE) credential, as well as the "new paradigm" of VE services to promote successful employment outcomes through consumer empowerment and informed decision-making*
3. Back Rehabilitation - Todd Ginkel, D.C. (more information TBA later)

## Break

10:45-11:45

1. Understanding the Impact of Stigma - Sue Abderholden, MPH  
*People live with symptoms of mental illness an average of 10 years before seeking treatment. Learn how stigma impacts access to treatment and how it leads to discrimination in employment and other areas. Challenge your own attitudes and the words you use. Learn what you can do on a personal level to promote acceptance and understanding*
2. State Legislative Whirlwind - Act II- John Sherman & Chuk Hamilton (Sponsored by MRCEA Division)  
*This breakout will review the recent election; discuss the players and their roles (Legislators, Executive Branch and interested parties), and use DEED's 2011 budget bill as a vehicle to understand the legislative process. Other bills that have impact on programs for individuals with disabilities will be discussed. The session will end with thoughts about Act III, "the future".*



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3. Question and Answer Session on Counselor Licensure in MN (LPC & LPCC) - Kari Rehtzigel, Executive Director , MN Board of Behavioral Health & Therapy.  
*This presentation will focus on the requirements, processes and benefits to becoming a Licensed Practical Counselor in Minnesota.*
4. Top 10 Changes to the CRC Code of Ethics - Linda Hedenblad, Program Coordinator TACE CRC published a revised Code of Ethics in January 2010. The New CRC Code contains several addition intended to address challenges facing VR professionals today. In this session we will examine these changes and discuss what they mean for working VR professionals.
5. Rehabilitation Forms & Data Management - Mike Hill, M.S., & Kathy Smith, DOLI – Safety & Workers’ Compensation (Sponsored by MASPR Division)  
*Review and discussion of required rehabilitation forms utilized by registered rehabilitation providers providing services within the Minnesota Workers’ Compensation system.*

**12:15-1:30pm - Lunch**

Keynote Speaker

“Moment Of Pause” – Professional Motivational Speaker – Robert E. Willis

*This presentation is geared towards getting individuals motivated about finding a career they are passionate about, something more than just a job. It's designed to get people thinking about what they are good at and make the connection towards a career. I also provide helpful tips on the interview process.*

**1:30pm** Conference end and Fabulous Prize drawings

*\*\* Please note that this program is subject to slight changes in speaker times or order.*

April 2011



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## DIVISION PRESIDENTS and STUDENT REPRESENTATIVES

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| JUNE |    |    |    |    |    |    |
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|      |    |    | 1  | 2  | 3  | 4  |
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Please write! Space limitations may require editing for length. Every effort will be made to maintain original intent. Articles should submitted to:

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### CHECK IT OUT!

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